

Character Plus

Parent Newsletter

December

PATIENCE

Students will be expected to practice self control and learn how to solve problems logically.

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A Note to the Parents!

Dear KCKPS Parents and Guardians,

December is here which means we have a new character trait. This month our character trait is PATIENCE!!!

As always, be sure to check out the book list, articles, videos and conversations starters to use at home with your child(ren).

Thank you for your support in continuing character building at home.



Books & Articles to Read at Home

Children's Books about Patience

- ★ *Wait* by Antoinette Portis
- ★ *Waiting* by Kevin Henkes
- ★ *Are We There Yet* by Dan Santat
- ★ *Marilyn's Monster* by Michelle Knudsen
- ★ *Sophie's Squash* by Pat Zietlow Miller
- ★ *The Carrot Seed* by Ruth Krauss
- ★ *Betty Bunny Loves Chocolate Cake* by Michael B. Kaplan
- ★ *Zen Socks* by John J. Muth
- ★ *Waiting is Not Easy* by Mo Willems
- ★ *Remy the Rhino Learns Patience* by Andy McGuire
- ★ *Llama Llama Red Pajama* by Anna Dewdney
- ★ *If You WAnt to See a Whale* by Julie Fogliano and Erin E. Stead
- ★ *Harriet You'll Drive Me Wild!* By Mem Fox

Chapter Books about Patience

- ★ *The Power of Patience* by M.J. Ryan

Online Articles for Parents

- ★ Teaching Kids Patience
<https://www.education.com/reference/article/teaching-kids-patience/>
- ★ 5 Tips for Teaching Patience
<http://www.scarymommy.com/5-tips-for-teaching-patience/>

- ★ Teaching Patience
<http://www.scholastic.com/parents/resources/article/social-emotional-skills/teaching-patience>

Conversations Starters at Home

1. Why do you think that many people feel that having patience is so important?
2. What are some ways that you show patience at home or at school?
3. If your little brother/sister or younger friend wanted to know what having patience meant, what would you tell them?
4. What does your body feel like inside when you are being impatient?
5. How can being impatient impact other people around you?
6. Finish this sentence: When I use patience with people, they _____.
7. Why do you think it's important to wait your turn?
8. Would you say that you're a patient person? Why do you say that?
9. How do you know when it's the "right time" vs. the "wrong time" to take your turn?
10. What are some of your favorite ways to force yourself to be patient?



Visit DrRobynSilverman.com for more tips!

Videos to Watch at Home

Intermediate Videos:

- ★ Values.org-Patience
<https://www.youtube.com/watch?v=0CCfloWwKQO>



Primary Videos:

- ★ Sesame Street-Patience
<https://www.youtube.com/watch?v=qgeuCgODgv4>
- ★ Kids Explain Patience
<https://www.youtube.com/watch?v=dQoEixp1irc>
- ★ The Marshmallow Test
https://www.youtube.com/watch?v=QX_oy9614HQ
- ★ Values.org-Patience
<https://www.youtube.com/watch?v=0CCfloWwKQO>

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